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TRIMIX INJECTION PHYSCIAN INFORMATION

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TriMix Injection Physician Information

TriMix injections are an alternative to PDE5 Inhibitor tablets (Viagra®, Levitra®, Cialis®) and most commonly include the mixture of 3 drugs; phentolamine, papaverine and alprostadil. TriMix is especially useful when patients are unable to take PDE5 Inhibitors because they are taking nitrates, certain beta blockers, or experience severe side effects from the oral medications.

Alternative to Tablets

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How It Works:

An intracavernous injection, is the most effective non-surgical treatment for ED, according to the American Urologic Association. Injections into the penis, unlike oral medications, trigger an automatic erection in less than 5 minutes. TriMix is a mixture of three vasodilators that when injected, cause the corpus cavernosum to relax, expand and fill with blood, creating a powerful erection

Dosage:

The initial dose should be **0.1** cc Wait 3 days before increasing dosage. Increase by 0.025 cc until a satisfactory dose is reached. The maximum dose is 0.50 cc. Do not be discouraged by a poor result with the first few injections, as the initial dose has been kept low to avoid a prolonged erection

Reversing The Test Dose:

Phenylephrine is commonly used to reverse the effects of TriMix to prevent an erection lasting too long while the patient is learning their correct dosage. It is also used to reverse the effects of the in office test dose. Normally .25cc - .60cc of 1mg/ml will satisfactorily reverse the effects.

About Injecting: (see injection diagram)

Selecting the proper injection location is very important. It is also important to know that a 29g or 30g x 1/2" needle should be used. The needle must be inserted into the penis completely to be sure the needle penetrates the cavernosum. Often times patients using "auto inject" devices will find the needle does not insert fully, therefore missing the cavernosum, and not getting results from the injection.